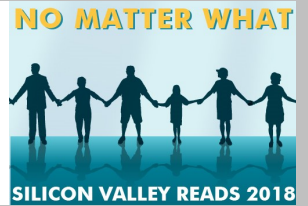


LOCAL RESOURCES FOR CAREGIVERS



CAREGIVING

The Health Trust

<http://healthtrust.org/services/meals-on-wheels/>

The Health Trust Meals on Wheels program serves physically challenged, homebound individuals, whether they are elderly, are recuperating after a recent hospitalization, or have disabilities confining them to a wheelchair.

PlaneTree Health Library

<http://www.planetree-sv.org/>

The Santa Clara County PlaneTree Health Library provides resources on caregiving and other health topics.

Santa Clara County Network of Care for Behavioral Health

<http://santaclara.networkofcare.org/mh/index.aspx>

This website is a resource for individuals, families and agencies concerned with behavioral health.

Santa Clara County Social Services Agency

<https://www.sccgov.org/sites/ssa/Pages/ssa.aspx>

The mission of the Santa Clara County Social Services Agency is to provide resources and opportunities in a culturally responsive manner to enhance the quality of life in our community by protecting, educating and empowering individuals and families.

Second Harvest Food Bank of Santa Clara and San Mateo Counties

<http://www.shfb.org/brownbag>

Second Harvest Food Bank's Brown Bag Program provides nutritious groceries twice a month to older adults (ages 60+) and disabled individuals (ages 55+) at distribution sites in Santa Clara County and San Mateo County.

Sourcewise

<http://www.mysourcewise.com/>

Our mission is to provide adults and their caregivers the tools and services they need to effectively navigate their health and life options. Through a comprehensive network of resources, Sourcewise strives to educate, prepare, support, and advocate for all adults, their families, and their caregivers within Santa Clara County.

United Way Bay Area

<http://www.211bayarea.org/>

When you use 211 Bay Area, you have access to over 11,000 services and programs from San Francisco, San Mateo, Napa, Marin, Santa Clara, and Solano counties. 211 is confidential and available 24 hours a day in more than 150 languages.

MENTAL HEALTH

Eating Disorder Resource Center

<http://edrcsv.org/>

Based in Los Gatos, California, Eating Disorders Resource Center (EDRC) is a non-profit organization that links resources, information and support for eating disorders in Silicon Valley.

National Alliance on Mental Illness

<http://www.namisantaclara.org/>

NAMI Santa Clara County offers practical experience, support, education, comfort and understanding to anyone concerned about mental illnesses and their treatment in Santa Clara County.

Santa Clara County Behavioral Health Services

<https://www.sccgov.org/sites/bhd/Pages/home.aspx>

Santa Clara County Behavioral Health Services offers resources on mental health and substance use.

South Bay Project Resource

<https://southbayprojectresource.org/>

South Bay Project Resource represents a partnership between family members, peers, clinicians and other stakeholders in the South Bay with a commitment to improving psychosis-related supports, working for social change, and increasing public awareness of the diversity of approaches to distressing experiences and disability.

Uplift Family Services

<https://upliftfs.org/>

Uplift Family Services helps over 30,000 children and family members recover from trauma—such as abuse, severe neglect, addiction and poverty—each year.

SENIOR HEALTH

Aging Services Collaborative of Santa Clara County

<http://www.agingservicescollaborative.org/>

The Aging Services Collaborative (ASC) is a growing network of advocates for seniors and the disabled.

Heart of the Valley

<https://servicesforseniors.org/>

We are a nonprofit, all volunteer organization helping seniors 65 years or older in West Santa Clara Valley by offering services and programs which help them maintain their independence.

Institute on Aging

<https://www.ioaging.org/>

Institute on Aging works to enhance the quality of life for adults as they age by enabling them to maintain their health, well-being, independence and participation in the community.

Live Oak Adult Day Care Services

<http://liveoakadultdaycare.org/>

Live Oak Adult Day Services is a nonprofit, community-based agency which provides a specialized program of adult day care for frail elderly dependent adults who are residents of Santa Clara County.

Santa Clara County Meals on Wheels

<https://www.sccgov.org/sites/ssa/daas/snp/Pages/hdm.aspx>

The Meals on Wheels program provides more than 600,000 meals to homebound seniors, helping them to remain healthy, maintain their independence and retain their dignity.

Santa Clara Valley Transportation Authority

<http://www.vta.org/senior>

Santa Clara Valley Transportation Authority is committed to providing the senior community services that help them meet their transportation needs.

Senior Adults Legal Assistance

<http://www.sala.org/>

SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized, and with dignity.

DISABILITIES

Abilities United

<https://www.abilitiesunited.org/>

Abilities United advances advocacy, inclusion, and independence for people with developmental disabilities.

Hope Services

<https://www.hopeservices.org/>

Our mission is to improve the quality of life for individuals with developmental disabilities.

Parents Helping Parents

<http://www.php.com/>

PHP's mission is to help children and adults with special needs receive the support and services they need to reach their full potential by providing information, training, and resources to build strong families and improve systems of care.

Silicon Valley Independent Living Center

<http://www.svilc.org/>

Silicon Valley Independent Living Center (SVILC) is a non-profit, non-residential organization which serves all people with all types of disabilities, including seniors with disabling conditions, who live in Santa Clara County.

Via Services

<http://www.viaservices.org/>

Formerly the Crippled Children's Society, Via Services has been serving the Bay Area and beyond since 1945. We are a private, independent non-profit dedicated to helping individuals with disabilities and special needs achieve greater self-sufficiency and lead richer lives.

SPECIFIC POPULATIONS

Asian Americans for Community Involvement

<http://aaci.org/>

AACI is Santa Clara County's largest community-based organization focused on Asian Americans in the community. For 40 years, our services have provided critical support and we continue to grow to provide culturally accessible services, not only for Asian Americans but for all.

Billy DeFrank LGBT Community Center

<https://www.defrankcenter.org/>

The Billy DeFrank LGBTQ Community Center provides community, leadership, advocacy, services and support to the Silicon Valley's LGBTQ People and their Allies.

Catholic Charities of Santa Clara County

<http://catholiccharitiesscc.org/>

Catholic Charities of Santa Clara County serves and advocates for families and individuals in need, especially those living in poverty.

Child Advocates of Silicon Valley

<https://www.bemyadvocate.org/>

Child Advocates of Silicon Valley provides stability and hope to children who have experienced abuse and neglect by being a powerful voice in their lives.

First 5 Santa Clara County

<https://www.first5kids.org/>

First 5 Santa Clara County supports the healthy development of children, from prenatal through age 5, and enriches the lives of their families and communities.

India Community Center

<http://www.indiacc.org/>

The India Community Center seeks to promote Indian culture and values by providing social, cultural, recreational and community programs, thereby uniting the Indian community, and raising awareness about Indian culture in the local community.

Jewish Family Services of Silicon Valley

<https://www.ifssv.org/>

Jewish Family Services of Silicon Valley empowers individuals and families facing life's challenges by providing quality human services inspired by Jewish values.

Vietnamese Voluntary Foundation

<https://www.vivousa.org/>

The Vietnamese Voluntary Foundation's (VIVO) mission is to empower the underserved through community service, education, leadership, and cultural activities.

HOSPITALS

El Camino Hospital

<https://www.elcaminohospital.org/>

It is the mission of El Camino Hospital, a nonprofit 501(c)(3) organization, to be an innovative, publicly accountable and locally controlled comprehensive healthcare organization that cares for the sick, relieves suffering and provides quality, cost-competitive services to improve the health and well-being of our community.

Good Samaritan Hospital

<https://goodsamsanjose.com/home/>

Good Samaritan Hospital is a 474 bed acute care hospital in the heart of Silicon Valley, with two locations, the main campus in San Jose, California and Mission Oaks campus in Los Gatos, California. Good Samaritan is recognized as a leader in neurosciences, high risk obstetrics, comprehensive cancer services, advanced cardiology and innovative surgery techniques.

Kaiser Permanente

<https://healthy.kaiserpermanente.org/>

Founded in 1945, Kaiser Permanente is one of the nation's largest not-for-profit health plans, serving 11.7 million members, with headquarters in Oakland, California.

O'Connor Hospital

<https://oconnor.verity.org/>

Its 358-bed acute care facility offers a full range of inpatient and outpatient medical, surgical and specialty programs. Services include cancer, cardiology and cardiac rehabilitation, emergency, medical imaging, orthopedic and joint replacement, spine and pain management, stroke, vascular and a Wound Care Clinic, among other services.

Palo Alto Medical Foundation

<http://www.pamf.org/>

The Palo Alto Medical Foundation for Health Care, Research and Education (PAMF) is a not-for-profit health care organization dedicated to enhancing the health of people in our communities.

Santa Clara Valley Medical Center

<https://www.scvmc.org/Pages/home.aspx>

Santa Clara Valley Medical Center (SCVMC) is the community's health care safety net – in more ways than one. County residents with no medical coverage or ability to pay can get needed care, but SCVMC is also the "safety net" for every resident of our community because of the high-quality, specialized services provided. Treatment for emergency medical care, trauma, burns and rehabilitation are just a few of the specialized treatments provided – in some cases the only such treatment in the region.

St. Louise Regional Hospital

<https://stlouis.verity.org/>

St. Louise Regional Hospital is a 93-bed acute care hospital offering a wide range of services to residents in both Santa Clara and San Benito counties.

Stanford Health Care

<https://stanfordhealthcare.org/>

At Stanford Health Care, we seek to provide patients with the very best in diagnosis and treatment, with outstanding quality, compassion and coordination.

GRIEF AND END OF LIFE ISSUES

Hospice of the Valley

<https://www.hospicevalley.org/>

We affirm dignity and hope for those facing serious illness by providing comfort through compassionate palliative, hospice and grief care. We strengthen our community through advocacy, education, research and volunteerism.

Legal Aid Society of Santa Clara County

<http://legalaidsociety.org/>

The Legal Aid Society of Santa Clara County (LAS) is a non-profit corporation founded in 1960 to provide free, civil legal services for those low-income persons unable to obtain access to the judicial system through other avenues.